**Faster and higher.**

Ski champions compete in various competitions. The best compete in the Winter Olympic Games and the World Cup.

Cross-country skis are long, light, and narrow. Only the front of the boot is attached to them.

A person skiing in the snow

Description automatically generated

Ski jumping skis are wide and long, and jumpers launch themselves off the ski jump without poles.

A person skiing in the air

Description automatically generated

Athletes push heavy metal sleds during the race, then jump into them and speed down the icy chute.

A blue and yellow bobsleigh

Description automatically generated

This discipline combines cross-country skiing with rifle shooting in both standing and prone positions.

A person skiing on the snow

Description automatically generated

Preparing courses for alpine competitions requires the work of many people. Trails need to be marked, gates placed, dangerous areas secured with nets, and snow packed.

A group of people skiing on a snowy slope

Description automatically generated

Skiers must pass gates on either side; if they miss even one, they are disqualified. Special slalom consists of two runs.

A collage of a person skiing

Description automatically generated

Competitors race down the slope at speeds exceeding 100 km/h.

A person skiing down a mountain

Description automatically generated