**Countries of the Alps - the impact of mountains on the natural environment and economy.**

Mountains are formed as a result of orogenic folding - Fold Mountains.

Fold mountains form in places where lithospheric plates collide. Horizontally lying layers of sedimentary rocks are strongly compressed and uplifted. They undergo folding, similar to layers of pressed peat, and the originally occupied surface area is greatly reduced.

Examples of fold mountain: the Alps, Himalayas, Andes, Carpathians, Pyrenees, Cordilleras, and the Tatra Mountains.