**Scenario**

**EXCURSION TO THE SEASIDE**

General Objective:

* Describe the characteristics of the coastal landscape.
* Identify legally protected objects in the coastal landscape.

Operational Goals:

* Identify the names of terrain features in the coastal landscape.
* Locate the coastal landscape zone on a hypsometric map.
* Identify types of coastal shores.
* Understand the principles of healthy nutrition for school-aged children.

Lesson Plan

I. Introduction:

1. What to prepare for the trip?
   * Items include a camera, first aid kit, accommodation arrangements, etc.
   * Planning the costs of the trip - worksheet "How much does it cost," attachment plus answers to the task.
2. Familiarization with the physical map and tourist map of Poland,
   * Coastal plains attachment

II. Development:

1. Planning the trip route - teamwork and group work,
   * Each student has a large Bristol board sheet to freely take notes (sketch) of information for each aspect of our virtual journey.
   * During the trip, we remember to have healthy and nutritious meals - discussions about nutrition mistakes and their consequences.
2. Virtual trip - starting from Gdańsk and ending in Międzyzdroje.
   * Information about each location on the trip route is prepared by children in groups, and during the presentation of their information, the rest briefly take notes/sketch what interests them.

Trip Route:

1. Gdańsk - Westerplatte, port, Vistula Spit
2. Gdynia - amber, deep-sea fishing
3. Łeba - shifting sand dunes, tourism, Słowiński National Park
4. Ustka - fishing boat
5. Darłowo - diving suit
6. Kołobrzeg - lighthouse
7. Trzęsacz - church ruins
8. Międzyzdroje - Wolin, bison, cliff, beach

End of the trip - summary of joint work - comparison of routes of all students:

* What interested everyone and what interested individual people?

1. Experiment - how are spits, bays, and coastal lakes formed?
2. Seal Sanctuary - Hel - fragment of a nature documentary
   * Animal protection,
3. Article "For Health by the Baltic Sea"
   * Swimming in the sea, iodine, allergies, gifts of the sea

III. Summary: Why are national parks created? Justify your answer.

Independent Work:

1. Try to create a menu for 1 day, which includes vegetables and fruits.
   * Breakfast, second breakfast, lunch, afternoon snack, and dinner.
   * In case of difficulty, ask for help from your mom, dad, or grandma, as it is not an easy task. Write down the day's menu in a notebook.
2. Where did the bison on Wolin Island come from?
   * Write down the answer in your notebook.
3. Game "Who eats what" - attachment