For the curious 1:

The percentage of older individuals in the human population is steadily increasing. We often talk about societies aging, which is why the World Health Organization (WHO) announced the "Age-Friendly Cities" planning program in 2002. Buildings in such cities are equipped with elevators, ramps for the disabled, anti-slip protections, outdoor gyms, and a large number of seating areas along sidewalks. Service facilities must be located on the ground floor. Low-floor vehicles with clear route markings and designated seating areas for elderly individuals are preferred in public transportation.

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