

Worksheet We keep the Earth fit by cooking without leftovers. Zero Waste Rules.

1. How many tonnes of food end up in rubbish bins each year?

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2. What products are most often thrown away?

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3. What is the value of the food thrown away over a year by an average Polish family?

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4. How much food does the average Polish family throw away each year?

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5. What does your family do to avoid wasting food?

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