**Test**

1. **In which year B.C. was the ancient pentathlon held and what was it called?**
2. **What did athletes push in the past during competitions?**
3. **Over how many days are the women's heptathlon and the decathlon held?**
4. **List the events included in the women's heptathlon.**
5. **What is the shortest and longest race in the men's decathlon?**
6. **Since which year has the athletic decathlon been an Olympic discipline?**
7. **Who was the first Olympic champion in the athletic decathlon?**
8. **Does Poland have an Olympic medal in the decathlon? If so, what kind and who won it?**
9. **After how many years was the Polish record in the women's heptathlon broken?**
10. **What qualities should a decathlete possess?**