

## Test

1. When did athletics have its beginnings?
2. Why is athletics called the Queen of Sports?
3. What do the abbreviations IAAF and PZLA stand for?
4. What disciplines do we divide Athletics into?
5. What are the general rules in Athletics?
6. What are the benefits of practicing Athletics?
7. What should an athletics stadium include?
8. What is important when choosing athletics as a sport for yourself?
9. Name 3 Polish Olympians and their disciplines.
10. Which discipline do you think would be best for you?