During today's lesson, we will introduce you to a game that you have probably played in physical education classes before.

Slide 1 - 2 TWO FIRES OR MAYBE DODGEBALL? A multiplayer sports game where the goal is to eliminate all players of the opposing team. The name you use should depend on whether the game includes players called "mothers" or not, as that is essentially the only difference between these games. Dodgeball does not have "mothers."

Slide 3 (Calendar page) Determining the creator of the game and its creation date is difficult. For many years, this game has been one of the main activities during physical education classes in schools.

Slide 4 Not much is needed for dodgeball matches. Essentially, all you need is a rectangular field divided into two equal halves and a ball (such as a volleyball). A version where multiple balls are used during the game is also allowed. Teams consist of the same number of people, usually dependent on the size of the field. The duration of the game can be determined, but typically, the game continues until the last player of one team is eliminated.

Slide 5 Why a volleyball?



Photo: <https://dosiatkowki.pl/pilka-do-siatkowki-najpopularniejsi-producenci/> It is simply the most suitable size, although it is much lighter than, for example, a soccer ball. Thanks to its lightness, the impact is lighter and safer for the player. Of course, you can also play with other types of balls; it all depends on the initial rules and the players' capabilities.

Slide 6 So, let's get started... At the beginning, players are chosen for two teams, usually randomly, for example, by counting to two. Once everyone knows which side they're on, they position themselves on their half of the field. If there is a referee, the match begins with throwing the ball at the midline; if there is no referee, one of the players does it. A player usually throws the ball with one hand (children can use both hands). They do it with a full swing and great force.

Slide 7 And the rules? They are quite simple. The game involves "tagging" players of the opposing team. The player who manages to catch the ball becomes the "tagger." To avoid being tagged, you must: • catch the ball directly after the opponent's throw, • catch the ball after it touches the ground, • catch the ball after it hits a player from the same team but before it touches the ground, • catch the ball after it bounces off another ball (in the case of playing with multiple balls).

Slide 8 - 9 What about points and time?



Usually, one of two scoring options is chosen:

1. Points are scored when a player is tagged but remains on the field.
2. Points are scored for tagging a player who subsequently leaves the field. In schools, the duration of the game depends on how long players remain in the game. Typically, during physical education classes, the second option, where a tagged player leaves the field, is preferred.

Slide 10 - 11 Dodgeball, what is it? Dodgeball is the American version of dodgeball. This game mainly involves using multiple balls during play. During official matches, players play on a court measuring 18 meters by 9 meters, and the match lasts for 40 minutes. The two halves are divided into sets, and as many sets are played as necessary until all players from one team are tagged out. A point is awarded to the winning team for each set. During the break between halves, the sides of the court are changed. The game starts with players running from the end line to the midline and grabbing the balls placed there. When a player catches the ball, the opponent who threw it leaves the field. The player who catches the ball has the right to reintroduce a tagged-out player from their team into the game.

Slide 12 Fun Fact



Did you know that the world record for the largest game of dodgeball was set? At one time, there were as many as 1200 players on a single court. These were primarily students from the University of Alberta in Canada.

Slide 13 Task. Propose to the physical education teacher a game of dodgeball. This will be an opportunity to determine which version of dodgeball suits you better.

TEST Questions

1. Who is the creator of the dodgeball game? (It is difficult to determine who invented the dodgeball game)
2. What is the difference between two fires and dodgeball? (In two fires, there is a player called the mother, while dodgeball does not have this feature)
3. What type of ball is most commonly used in dodgeball and why? (A volleyball is most commonly used because it is lightweight)
4. What must you do to avoid being tagged during a dodgeball match? (You must catch the ball directly after the opponent's throw, catch the ball after it touches the ground, catch the ball after it hits a player from the same team but before it touches the ground, catch the ball after it bounces off another ball)
5. Is it allowed to play with multiple balls during dodgeball matches? (Yes)
6. Explain what dodgeball is. (Dodgeball is the American version of dodgeball)
7. What are the recommended court dimensions by the International Dodgeball Federation? (18m x 9m)
8. How long does a dodgeball match last, and how is it divided? (The match lasts for 40 minutes and is divided into 2 halves, during which sets